



# *The Sadaham Record*

*Hwa Rang Do® Jacksonville, FL*



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*Lessons of the Hwa Rang Do Meng Sae – Sa Kun E Chung*  
– Loyalty to One's Parents and Teachers

The following paragraphs are taken from the Philosophy of Supreme Grandmaster, Dr. Joo Bang Lee. DoJoo Nim wrote these words and they are posted in their completeness on the World Hwa Rang Do Association website. I am giving them here so that you may read them, ponder on their meaning, and apply them to your own lives.

We talk about Loyalty to Parents often, and so I would like you each to think about the words of DoJoo Nim, for he is a very wise man, and honorable.

--Instructor Spoehr

## Filial Piety:

“Where did you come from? ... From your father and ... your mother. Remember the flower that blooms and then drops its seed to the ground. This flower then dies and gives its body and nutrients for the strength of its seed, the next generation. The same care must be given to a human's family name. Generation after generation, parents selflessly give everything they can to their children.

Humans are different than animals. An animal grows quickly, and as soon as it can care for itself it leaves its parents and sets out on its own. Once an animal grows, it forgets its family because it lives an independent life. Humans on the other hand are weak for a long time after birth. Children need constant care and attention for many years, and the parent takes this responsibility. This is the beauty of the natural order. The purpose of this is for humans to understand the idea of interdependence, as in the Chinese character for human, which is a single line leaning against another. This is to symbolize that humans cannot stand alone. Because of the nature of this relationship between parent and child, we must have filial piety. A parent gives everything for the success of their child. This is not just in terms of financial or material well-being, but a parent also gives the concepts of humanity and morality to their child.

Think about how much love you have given back to your parents. If it were not for your parents you would not even exist. Think about who gave you your life, and never disobey your parents. Rich or poor, never blame your parents. If you follow their teachings in a good manner, you will never lead a bad life. All a parent wants is a better life for you. Always remember that you must be the model case. Someday you will be the parent and your children will follow your example. If you treat your parents well, then your children will treat you well. Your children learn everything you do. You can even hear the sound of your own footsteps from the sound of your child's. That is why human morality first counts loyalty and filial piety.”

## **Kaleb Introduces Tae Soo Do to His Classmates**

Recently Kaleb (green belt TSD) wrote a speech and presented it to his school class. Kaleb wrote this alone, unaided and unbeknownst to Inst. Spoehr. Kaleb is a humble student, and did not announce this to his TaeSoo Do class, but it is a fine speech, and so I sought out his permission and that of his Mother to present it here. Thank you, Kaleb, for sharing this with us.

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### **Tae-Soo-Do**

“I'm here today to share with you some information about Tae-Soo-Do.

Tae-Soo-Do is a Korean martial art and has been around for 5,000 years. There are 2 levels: Tae-Soo-Do and Hwa-Rang-Do. Tae-Soo-Do means "Way of the Warrior Spirit" and Hwa-Rang-Do means "Way of the Flowering of Man". Tae-Soo-Do has 10 belts: white, orange, yellow, green, purple, blue, brown, red, half-black, and black. Hwa-Rang-Do has 19 sashes: white, orange, yellow, green, purple, blue, brown, red, half-black, black, and first through tenth dan black sash. Then at tenth dan you get the title "Supreme Grandmaster". The tenth dan now is Grandmaster Joo Bang Lee ( Do Joo Nim).

The reasons to join a Tae-Soo-Do class are that if there is a bully at your school you'll be able to defend yourself against him. Another reason to join is because every Friday we use weapons like ssang jyel bong (nunchucks) and at green belt you can use a jang bong (a staff) and at brown learn to wield a juk-do (a bamboo sword). Then go to Hwa-Rang-Do and become a tenth dan.

Some more reasons to join Tae-Soo-Do are that you can meet new friends and every Halloween we have a costume party with games, skits relay races, and more! Plus you can learn new things every class and at green belt you start learning hosin suls (joint locks). Also at Tae-Soo-Do we play games like tag, instructor says (a form of simon says), bear walking, and crab walking.

As you can see there are a lot of reasons to join Tae-Soo-Do so I hope you will too!”

## **Happy Birthday!**

Some of these are well past, but not forgotten!

Dylan	Nov. 9	Maia	Jan. 8
Rachel	Nov. 19	Michael	Feb. 10
SaBum Nim Bret Spoehr	Jan. 4	Kaleb	Feb. 10
		Nathan	Feb. 11

## **Welcome new students**

It's a pleasure to welcome the brothers Spencer, age 8, and Nathan, age 7, to our Hwarangdo family.

## **Congratulations to students who tip tested**

Rachel received her tip on her white belt.

## **Dates of changed class times:**

Classes will be held at 9:30 a.m. March 31<sup>st</sup> and April 1<sup>st</sup>.

## **Testing Dates**

April 15 (Julington Creek)

April 16 (Tallahassee)

May 13 tip test

May 20 belt test

All tests are held when the students are given permission by the Instructor and their parents.

## **How About a Hwa Rang Do Challenge?**

Can you do 100 crunches and 25 knuckle pushups? You were challenged to do this last fall. However, now I want to challenge every student to perform GOOD knuckle pushups. All the way down until your nose almost touches the floor, and back up again. Not so easy, but it will make you very strong!

If you **do not** do this, then you will be a month older next month. If you **do** this, you will be a month older next month, **AND** you will be a month **STRONGER** next month.

Which do you want?

## **Hwa Rang Do Students are Going to Italy!**

This summer the Annual Hwa Rang Do Tournaments and Seminars are to be held in Rome, Italy.

The Italian contingent of Hwa Rang Do, under the direction of KyoSa Nim (2<sup>nd</sup> dan) Marco Mattiucci is very strong and as this is the tenth anniversary of Italy joining the Hwa Rang Do family, the worldwide family is going to meet in there and celebrate the growth of our Art.

Every student and instructor of Tae Soo Do/Hwa Rang Do is invited to attend the Tournament and seminars, and there will be time for traveling and sightseeing as well. Plans are being made right now for late June and early July, 2011.

If you and your family are interested in going, let Instructor Spoehr know, and we'll make sure you have all the details!

## **Hwa Rang Do Puzzle**

Matching (write the letter that best matches):

- |                                |                                     |
|--------------------------------|-------------------------------------|
| 1. _____ Tae Soo Kujin Hyung   | A. Long Staff                       |
| 2. _____ Tae Soo Yukjin Hyung  | B. The Way of the Flowering Manhood |
| 3. _____ Ki Bon Kwon Bop       | C. Tae Soo Do Yellow Belt Form      |
| 4. _____ Ssang Jyel Bong       | D. Two Sticks with Chain            |
| 5. _____ Jang Bong             | E. Tae Soo Do White Belt Form       |
| 6. _____ Tae Soo Chiljin Hyung | F. Basics                           |
| 7. _____ Jo Kyo Nim            | G. Master                           |
| 8. _____ Kwan Jang Nim         | H. Tae Soo Do Green Belt Form       |
| 9. _____ Hwa Rang Do           | I. Supreme Grandmaster              |
| 10. _____ Do Joo Nim           | J. Assistant Instructor             |

## **Words Worth Thinking About**

Loyalty to One's Parents and Teachers

Chong - Loyalty

-- *From the Hwa Rang Do Meng Sae*

## **URLs of Interest:**

<http://www.hwarangdo.com/philosophy.htm>

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