



# *The Sadaham Record*

*Hwa Rang Do® Jacksonville, FL*



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## **All Those Tomorrows Just Keep On Coming**

Well, already it is the beginning of the last nine weeks of school. Only one more set of work to be done, and Spring Break to be taken, then field trips and last day events, and then SUMMER!!

And what about all the work you did all through the year, since way long ago in August, when the school year began. Did you do everything well? Did you get an 'A' on every paper, and on every test? Did you do every assignment on time?

Why not? After all, they taught you all the material and they told you when the papers were due, and then gave you the instructions. So what were you doing all that time?

Well, there you go; we all do not get everything done exactly the way we are supposed to, nor the way we hope we will do. That is why there is Tomorrow.

Stop a minute and think about Tomorrow. It comes with the sunrise, and you have a chance to be better than today. If every morning you decide to do one thing better than you did yesterday, you are going to improve a little bit every single day. People actually do this; I personally know people who really improve a little bit every day.

Can you improve all your math, science, Tae Soo Do, making your bed, cleaning your room, brushing your teeth, dancing, soccer, and Game Boy on the same day, every single day? I get tired just thinking about doing all that on one day.

But you can certainly improve one aspect of each thing every day. You can do a better math problem on the next homework; you can go to your room and put all your clothes away, then you can come to Tae Soo Do and work on making just one kind of kick better.

If you better one tiny thing in every activity each day, you will find yourself being a better student by the end of the school year. By the time SUMMER VACATION (don't you love it!) begins, you will have done something really great in this last nine weeks, and you will be able to run home with your final report card and show it to your parents with pride.

Then you'll come and show Instructor Spoehr your fabulous kick. Then we'll show you something new...exciting...Hooray for Tomorrow!!

By Instructor Diane Spoehr

## **Happy Birthday**

March 20 Mrs. Janet McConnell

## **Hwa Rang Do Puzzle**

JUMBLE : Answer the questions and put each letter in its own space. Then take the circled letters, unscramble those letters and you will find the answer to the Riddle.

How many belt ranks are there in Tae Soo Do? \_ \_ g \_ \_

What is Instructor Spoehr's Korean title? \_ \_ g \_ \_ \_ \_ \_ \_

How do you say 'reverse' or 'switch sides' in Korean? \_ \_ g \_ \_ \_

In which country did Hwa Rang Do originate? \_ \_ g \_ \_ \_

Which belt rank is the third one you get? \_ \_ g \_ \_ \_

What was the name of Dorothy's dog in Wizard of Oz? \_ \_ g \_ \_ \_

## **How About a Riddle?**

What did the slap pad say to the foot? \_ \_ g \_ \_ \_ \_ \_ c \_

\_ \_ \_ \_ f \_ \_ \_ u .

## **URLs of Interest**

Hwa Rang Do School of Jacksonville <http://www.hwarangdofl.com>

Hwa Rang Do/Tae Soo Do Club of Florida State University <http://www.hwarangdofsu.com>

The World Hwa Rang Do Association <http://www.hwarangdo.com>

## **Words Worth Thinking About**

If you do something very well, but no one ever finds out you did it, then was it worth all the trouble to do it so well?

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